

Doctor: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Filled out by: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

### Sleep Disordered Breathing Questionnaire for Children

The initial column should be filled out at first appointment, and the follow up column should be completed after 3 months of treatment. Please identify the following symptoms your child exhibits with the scale indicating severity symptoms.

0 – Not Present    1 – 2 Mild    3 Moderate    4 – 5 Pronounced

Does your child:

Initial		Follow Up	
1. _____	_____	Snore at all?	
2. _____	_____	Snore only infrequently (1 night/week)	
3. _____	_____	Snore fairly often (2-4 nights/week)	
4. _____	_____	Snore habitually (5-7 nights/week)	
5. _____	_____	Have labored, difficult, loud breathing at night	
6. _____	_____	Have interrupted snoring where breathing stops for 4 or more seconds	
7. _____	_____	Have stoppage of breathing more than 2 times in an hour	
8. _____	_____	Hyperactive	
9. _____	_____	Mouth breaths during the day	
10. _____	_____	Mouth breaths while sleeping	
11. _____	_____	Frequent headaches in the morning	
12. _____	_____	Allergic symptoms	
13. _____	_____	Excessive sweating while asleep	
14. _____	_____	Talks in sleep	
15. _____	_____	Poor ability in school	
16. _____	_____	Falls asleep watching TV	
17. _____	_____	Wakes up at night	
18. _____	_____	Attention deficit	
19. _____	_____	Restless sleep	
20. _____	_____	Grinds teeth	
21. _____	_____	Frequent throat infections	
22. _____	_____	Feels sleepy and/or irritable during the day	
23. _____	_____	Have a hard time listening and often interrupts	
24. _____	_____	Fidgets with hands or does not sit quietly	
25. _____	_____	Ever wets the bed	
26. _____	_____	Bluish color at night or during the day	
27. _____	_____	Speech Problems*	

\* If yes, provide parent speech questionnaire.

Was your reason for coming to this doctor for sleep or dental issues: \_\_\_\_\_

### Speech Questionnaire To be filled out only if #27 was indicated above

Please Check all that apply to your child:

Initial		Follow Up	
28. _____	_____	Is it difficult to understand your child's speech?	
29. _____	_____	Difficult to understand over the phone?	
30. _____	_____	Nasal Speech?	
31. _____	_____	Speech sounds abnormal?	
32. _____	_____	Others have difficulty understanding speech?	
33. _____	_____	Gets frustrated when people can't understand speech?	
34. _____	_____	Sometimes omits consonants	
35. _____	_____	Uses M, N, NG, instead of P, F, V, S, Z sounds	
36. _____	_____	Hoarseness	
37. _____	_____	Lisp	
38. _____	_____	Any speech therapy?	

How long: \_\_\_\_\_